

Family and Divorce Mediation Training Course Agenda

*Each day will have one 10 minute break in the morning and 15 minutes of break time in the afternoon. Each day will also have an hour break for lunch.

Day One:

8:00-8:30	Introductions Course Overview (Goals and Learning Objectives) Daily Agenda Overview Participants Goals/Expectations
8:30-9:00	Intro to Family Mediation
9:00-9:30	Mediation and Conflict Resolution Theory (A)
9:30-10:00	Mediation and Alternative Dispute Resolution (B)
10:00-12:00	Mediation and the Courts (C)
12:00-1:00	Lunch
1:00-1:30	Divorce Mediation Basics (D)
1:30-3:30	Divorce Mediation and Family Law (E)
3:30-4:30	Family Systems: Divorce and Adults (F)
4:30-5:30	Family Systems: Divorce and Children (G)
5:30-6:00	Family Systems: Co-Parenting and Divorce (H)

Day Two:

8:00-9:00	Communication Theory and Family Conflict (I)
9:00-10:00	Mediation Theory and the Mediator's Role (J)
10:00-11:00	The Mediation Process (K)
11:00-12:00	Convening Mediation (L)
12:00-1:00	Lunch
1:00-1:30	Preparing for Mediation/Co-Mediation (M)
1:30-2:30	The First Joint Session/Opening Statement (N)
2:30-4:00	Dealing with Feelings and Emotions (O)
4:00-4:30	The Power of Listening (P)
4:30-5:00	Video "The Power of Listening" and Discussion
5:00-6:00	Negotiation Exercise - Role Play#1 and Discussion

Day Three:

8:00-8:30	“Mediation and Mindfully Getting in the Middle” Video/Disc
8:30-9:00	Understanding the Parties and Issues (Q)
9:00-10:30	Role Play #2 and Discussion
10:30-12:00	Separating Interests from Positions (R)
12:00-1:00	Lunch
1:00-2:30	Role Play #3 and Discussion
2:30-3:00	Use of Caucus in Mediation (S)
3:00-3:30	Dealing with Impasse (T)
3:30-4:30	Agreements and Closure (U)
4:30-6:00	Role Play #4 and Discussion

Day Four:

8:00-9:30	Role Play #5 and Discussion
9:30-10:00	Domestic Violence and Mediation (V)
10:00-12:00	Ethics in Mediation (W)
12:00-1:00	Lunch
1:00-2:00	Mediation and Professional Conduct (W)
2:00-4:00	Building the Mediation Practice/Marketing Med (X)
4:00-5:30	Role Play #6 and Discussion
5:30-6:00	Professional Development /evaluation (Y)